

# Elementary School

## Lunch Menu

# October 2017

Monday	Tuesday	Wednesday	Thursday	Friday
2 Fiona's Baked Penne Pie Catfish and Hushpuppies Soup and Salad Bar Ham and Bean Soup Steamed Mixed Vegetables Fresh Fruit Chocolate Milk White Milk	3 Cheeseburger Chicken Soft Taco Fruit and Vegetable Bar Chocolate Milk White Milk	4 Sweet Thai Chili Chicken General Tso's Chicken Brown Rice Soup and Salad Bar Steamed Green Beans Broccoli Cheddar Soup Fresh Fruit Chocolate Milk White Milk	5 Turkey Pot Roast Meatloaf Mashed Potatoes Whole Grain Roll Fruit and Vegetable Bar Chocolate Milk White Milk	6 Pizza BBQ Pork Sandwich Soup and Salad Bar Chicken Noodle Soup Steamed Corn Fresh Fruit Chocolate Milk White Milk
9 Lasagna Roasted Chicken Breast & Thigh Soup and Salad Bar Baked Potato Soup Steamed Peas & Carrots Fresh Fruit Chocolate Milk White Milk	10 Mashed Potato Bar with Meatballs with Turkey Pot Roast with Chicken Whole Grain Roll Fruit and Vegetable Bar Chocolate Milk White Milk	11 Chicken Pot Pie Carolina Chicken Chili Soup and Salad Bar Chicken & Brown Rice Soup Broccoli Fresh Fruit Chocolate Milk White Milk	12 Stuffed Shells Alaskan Pollock Fish Sticks Whole Grain Roll Fruit and Vegetable Bar Chocolate Milk White Milk	13 Pizza Grilled Cheese Sandwich Soup and Salad Bar Tomato Basil Soup Steamed Mixed Vegetables Fresh Fruit Chocolate Milk White Milk
16 Teriyaki Chicken Brown Rice Alaskan Pollock Fish Sandwich Soup and Salad Bar Corn Chowder Soup Carrots Fresh Fruit Chocolate Milk White Milk	17 Beef & Cheese Nachos Chicken Enchilada Brown Rice Fruit and Vegetable Bar Chocolate Milk White Milk	18 Mac and Cheese Bar with Chicken with Ham with Meatballs with Taco Meat Soup and Salad Bar Vegetable Beef Soup Steamed Mixed Vegetables Fresh Fruit Chocolate Milk White Milk	19 <b>NO SCHOOL</b>	20 <b>NO SCHOOL</b>
23 Fiona's Baked Penne Pie Catfish and Hushpuppies Soup and Salad Bar Ham and Bean Soup Steamed Mixed Vegetables Fresh Fruit Chocolate Milk White Milk	24 Cheeseburger Chicken Soft Taco Fruit and Vegetable Bar Chocolate Milk White Milk	25 Sweet Thai Chili Chicken General Tso's Chicken Brown Rice Soup and Salad Bar Steamed Green Beans Broccoli Cheddar Soup Fresh Fruit Chocolate Milk White Milk	26 Turkey Pot Roast Meatloaf Mashed Potatoes Whole Grain Roll Fruit and Vegetable Bar Chocolate Milk White Milk	27 Pizza BBQ Pork Sandwich Soup and Salad Bar Chicken Noodle Soup Steamed Corn Fresh Fruit Chocolate Milk White Milk
30 Lasagna Roasted Chicken Breast & Thigh Soup and Salad Bar Baked Potato Soup Steamed Peas & Carrots Fresh Fruit Chocolate Milk White Milk	31 Mashed Potato Bar with Meatballs with Turkey Pot Roast with Chicken Whole Grain Roll Fruit and Vegetable Bar Chocolate Milk White Milk			

**Daily Entrees Offered**  
Vegetarian Entree A  
**Tuesday/ Thursday**  
Fresh Fruit and Vegetable Bar  
**Monday/ Wednesday/ Friday**  
Vegetation Station